



Albany Rowing Center Volunteer Safety Launch Operator

ARC has instituted a Volunteer Safety Launch Operator Program. A Volunteer Safety Launch Operator provides uncoached practice time on the water at times when coaching staff are limited and additional safety personnel are needed to conduct practice. As such, Volunteer Safety Launch Operators must be trained and certified to perform all of the same safety duties and maintain the same safety standards as Albany Rowing Center coaching staff. However, Volunteer Safety Launch Operators are not expected to and in fact are discouraged from providing any kind of coaching instruction to rowers that they are accompanying.

Launch Operator Requirements

- Current CPR/First Aid Certification: Courses are available through the Red Cross: <https://www.redcross.org/local/new-york/take-a-class/cpr-albany-ny> ;
- NYS Boating Safety Course Certification: <https://parks.ny.gov/recreation/boating/safety> This NYS boating site will give all courses that are currently scheduled in all counties of NY as well as access to online training available through various companies for a fee;
- USRowing SafeSport Certification: Available from ARC Safety Officer: <https://www.athletesafety.org/training/index> program called "SafeSport Trained";
- Concussion Certification: <https://headsup.cdc.gov>;
- Background check: ARC Board Vice President will supply a letter with instructions for completion;
- Ability to work with others and follow instruction;
- Must be at least 18 years old;
- Completion of an in-person Orientation Meeting with a coach.

Members interested in becoming a volunteer safety launch operator may contact the ARC Vice President (currently Mike Insero) at vicepresident@albanyrowingcenter.org.

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