

**Informed Consent, Assumption of Risk, and Release of Liability
for Participation in ARC programs during Covid-19
and Code of Conduct for Rowing in Boats with Two or More Athletes**

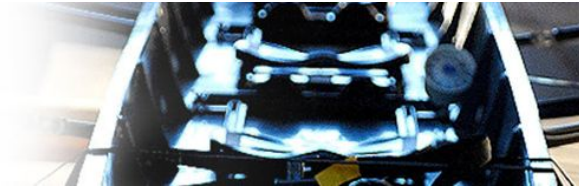
COVID-19, the illness caused by the novel coronavirus, is a novel illness that is believed to be extremely contagious and spread primarily by person-to-person contact. As a result of a COVID-19 global pandemic, federal, state, and local governments and federal and state health agencies have recommended against congregating in large groups, and in favor of social distancing and the use of face covering when social distancing is not possible.

Albany Rowing Center (ARC) has put in place safety protocols and other preventative measures to reduce the spread of COVID-19; however, ARC cannot guarantee that you or your child(ren) will not become infected with COVID-19. Participating in ARC programs in any capacity could increase your or your child(ren)'s risk of contracting COVID-19. Because neither social distancing nor face coverings are practicable while rowing in a boat with two or more athletes, participation in such activities increases the risk of exposure to COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I or my child(ren) may be exposed to or infected by COVID-19 by participating in or attending ARC programs or events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, ARC employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s participation in ARC programs or events ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless ARC, its employees, board members, agents, and representatives, of and from any and Claims, including any liabilities, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of ARC, its employees, volunteers, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any ARC program or event.

The coaching staff has recommended that _____ [athlete name] be paired with the following athlete(s) for training purposes:

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| | |



Understanding and acknowledging the risks as outlined above, I consent to, or give my consent for my child(ren) to, participate in ARC programs as follows:

- I agree to my or my child(ren)'s pairing with the training partner(s) identified above. I understand and acknowledge as follows:

| Athlete Initials | Parent Initials |
|---------------------|--------------------|
|---------------------|--------------------|

| | | |
|-------|-------|---|
| _____ | _____ | I agree to being placed in the same boat as my training partner(s) in future practices and/or competitions. |
|-------|-------|---|

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|-------|-------|---|
| _____ | _____ | I agree not to take risks outside of practice that will put my training partners at risk. I agree to avoid large congregations of people, observe social distancing, and wear a face covering when social distancing is not possible. |
|-------|-------|---|

| | | |
|-------|-------|---|
| _____ | _____ | I agree that I will not come to practice or any ARC event if I or a member of my household has tested positive for Covid-19, is exhibiting any symptoms of Covid-19, or has come into close contact with someone who has tested positive for or is exhibiting symptoms of Covid-19. |
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| _____ | _____ | I understand that if I violate the terms of this agreement, the privilege of rowing in larger boats may be revoked, and I will be returned to singles-only rowing |
|-------|-------|---|

- I do not consent to my or my child's pairing with the identified training partner(s), and wish to continue with singles-only rowing.

Athlete Signature: _____

Parent/Guardian Signature: _____

(if athlete is a minor)

Print Athlete Name: _____

Print Parent/Guardian Name: _____

Date: _____

Date: _____